



substance abuse  
**CONNECT**

prevention. treatment. enforcement.

PRIORITIZING SUBSTANCE ABUSE PREVENTION IN YELLOWSTONE COUNTY

**SEPTEMBER 4TH, 2019**



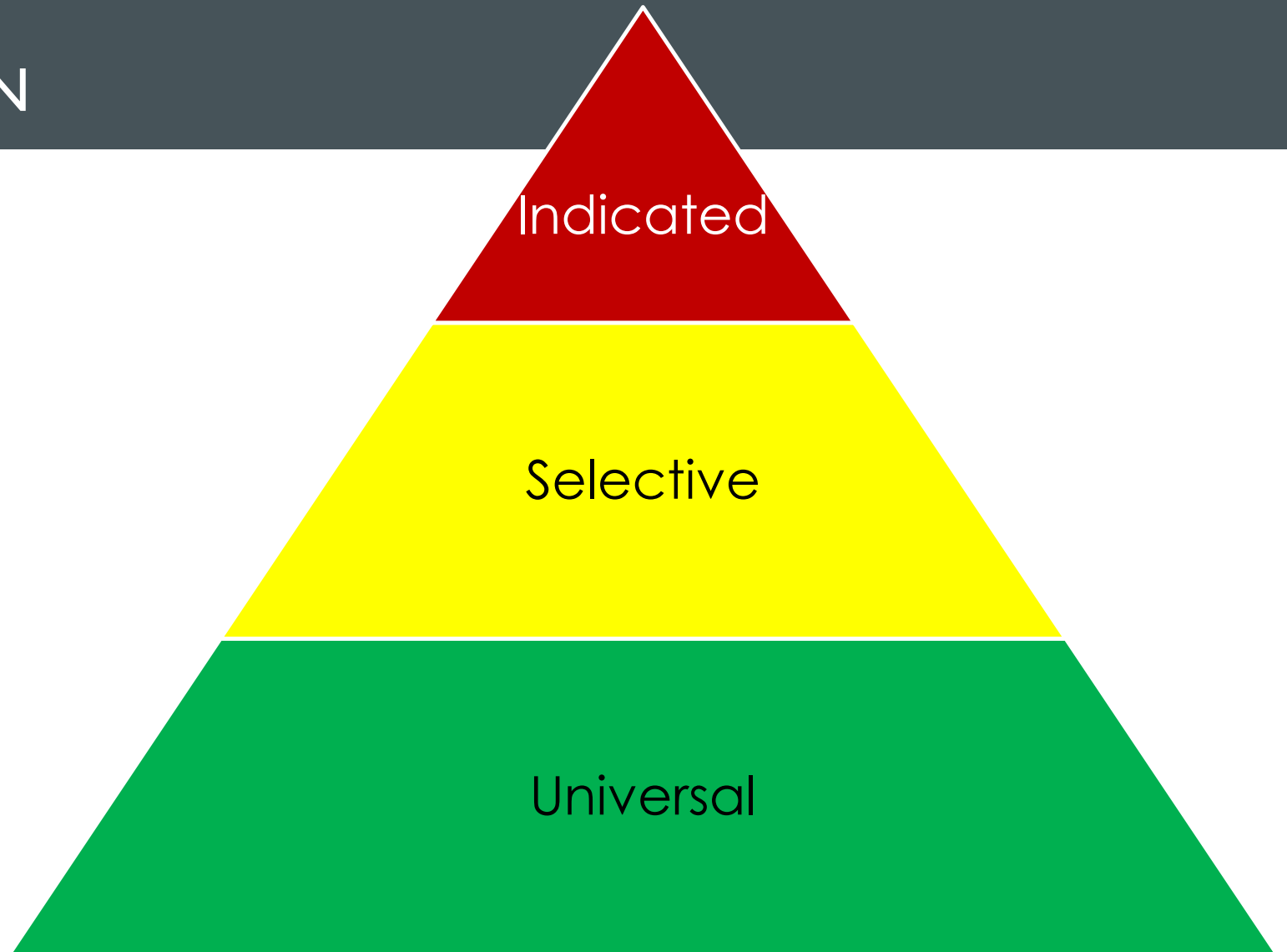
Welcome

## Impromptu Networking

“What big question or challenge do you bring to your community building efforts?”

What do you hope to give and to get from our time together today?”

# DEFINING PREVENTION



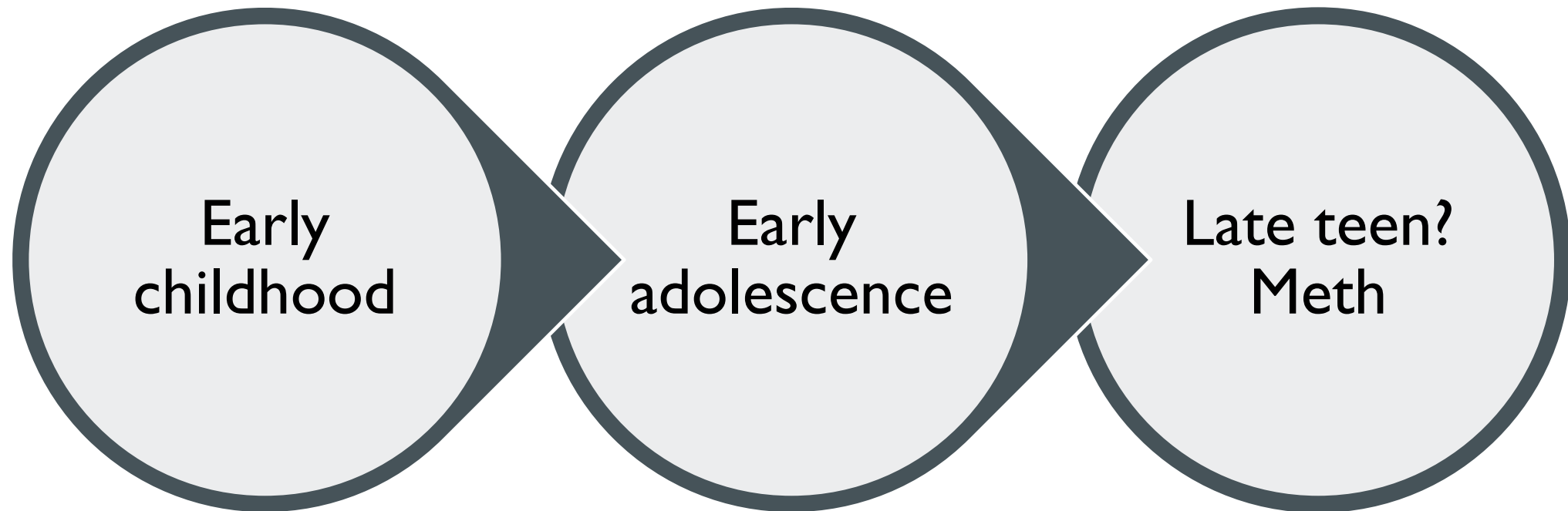


Universal

THE  
PREVENTION  
CHALLENGE

Indicated

## POPULATIONS OF FOCUS



## ABUSE



Physical



Emotional



Sexual

## NEGLECT



Physical



Emotional

## HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse



Divorce

# Understanding Adverse Childhood Experiences

# Adolescent risk and protective factors for substance use

## Persons

### Risk Factors

### Protective Factors

#### Individual

- Behavioral disengagement coping
- Negative emotionality
- Conduct disorder
- Favorable attitudes toward drugs
- Rebelliousness
- Early substance use
- Antisocial behavior

- Positive physical development
- Emotional self-regulation
- High self-esteem
- Good coping skills and problem-solving skills
- Engagement and connections in two or more of the following contexts: at school, with peers, in athletics, employment, religion, culture

#### Family

- Substance use among parents
- Lack of adult supervision
- Poor attachment with parents

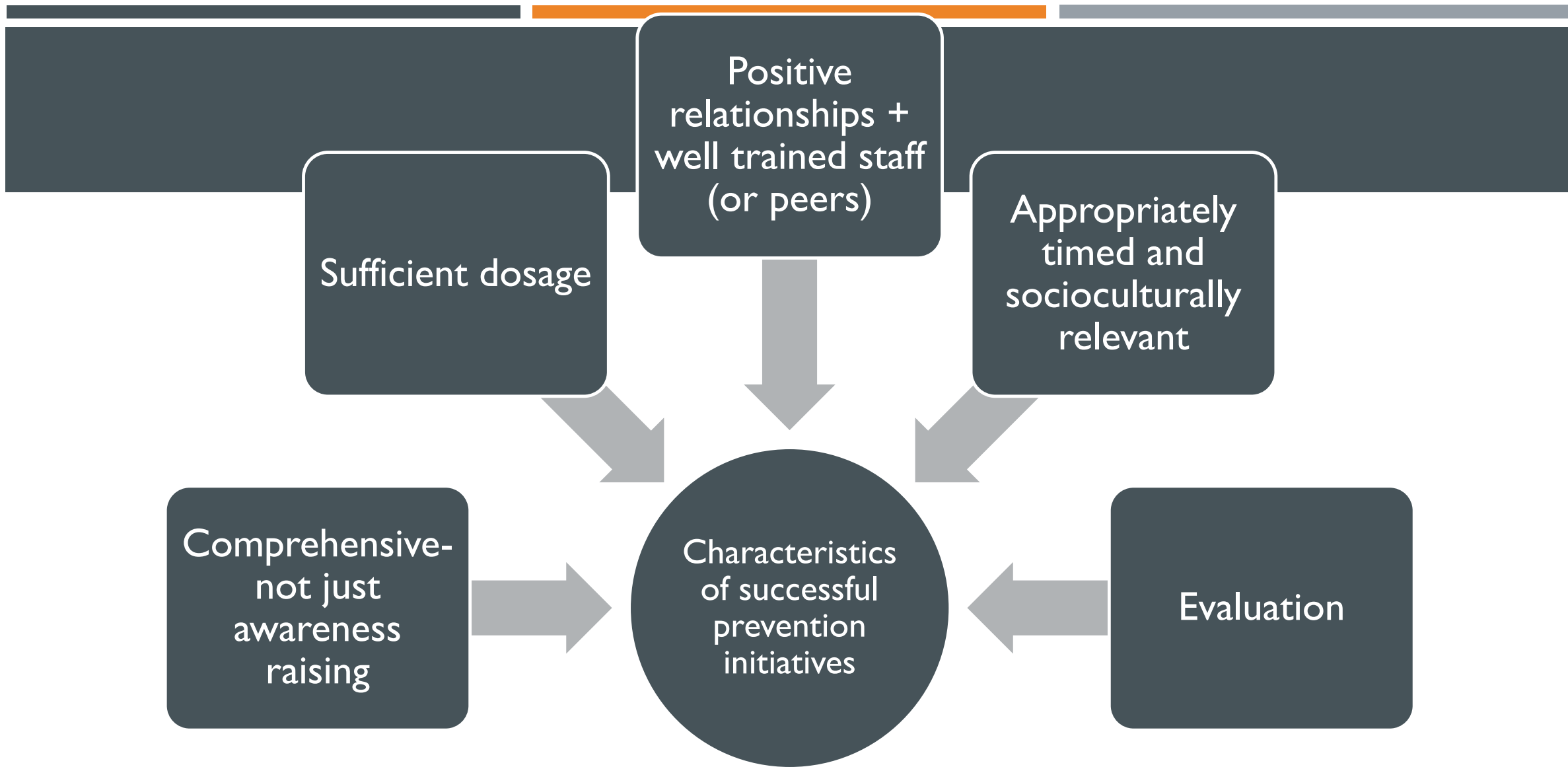
- Family provides structure, limits, rules, monitoring, and predictability
- Supportive relationships with family members
- Clear expectations for behavior and values

#### School, Peers, Community

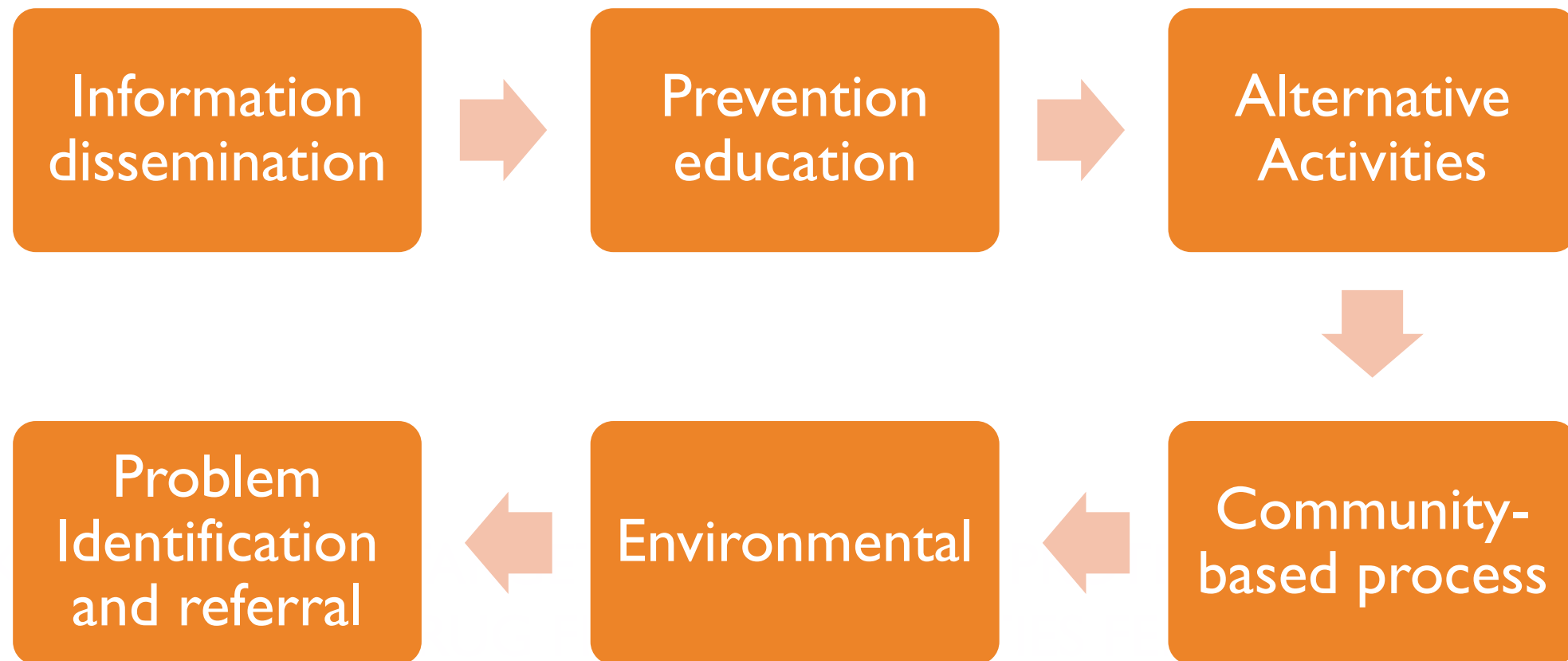
- School failure
- Low commitment to school
- Associating with drug-using peers
- Not college bound
- Aggression toward peers
- Norms (e.g. advertising) favorable toward alcohol use
- Accessibility/availability

- Presence of mentors and support for development of skills and interests
- Opportunities for engagement within school and community
- Positive norms
- Clear expectations for behavior
- Physical and psychological safety





# CENTER FOR SUBSTANCE ABUSE PREVENTION STRATEGIES



## FOCUS ON EVIDENCE BASED INTERVENTIONS

Nurse Family  
Partnership

The PAX Good  
Behavior Game

The Incredible  
Years

Family Spirit

Zones of  
Regulation

Family drug  
courts: Children  
Affected by  
Methamphetamine

## AVOID WHAT DOESN'T WORK

Waiting until high school

DARE-like programs

Fear/Risk based messaging

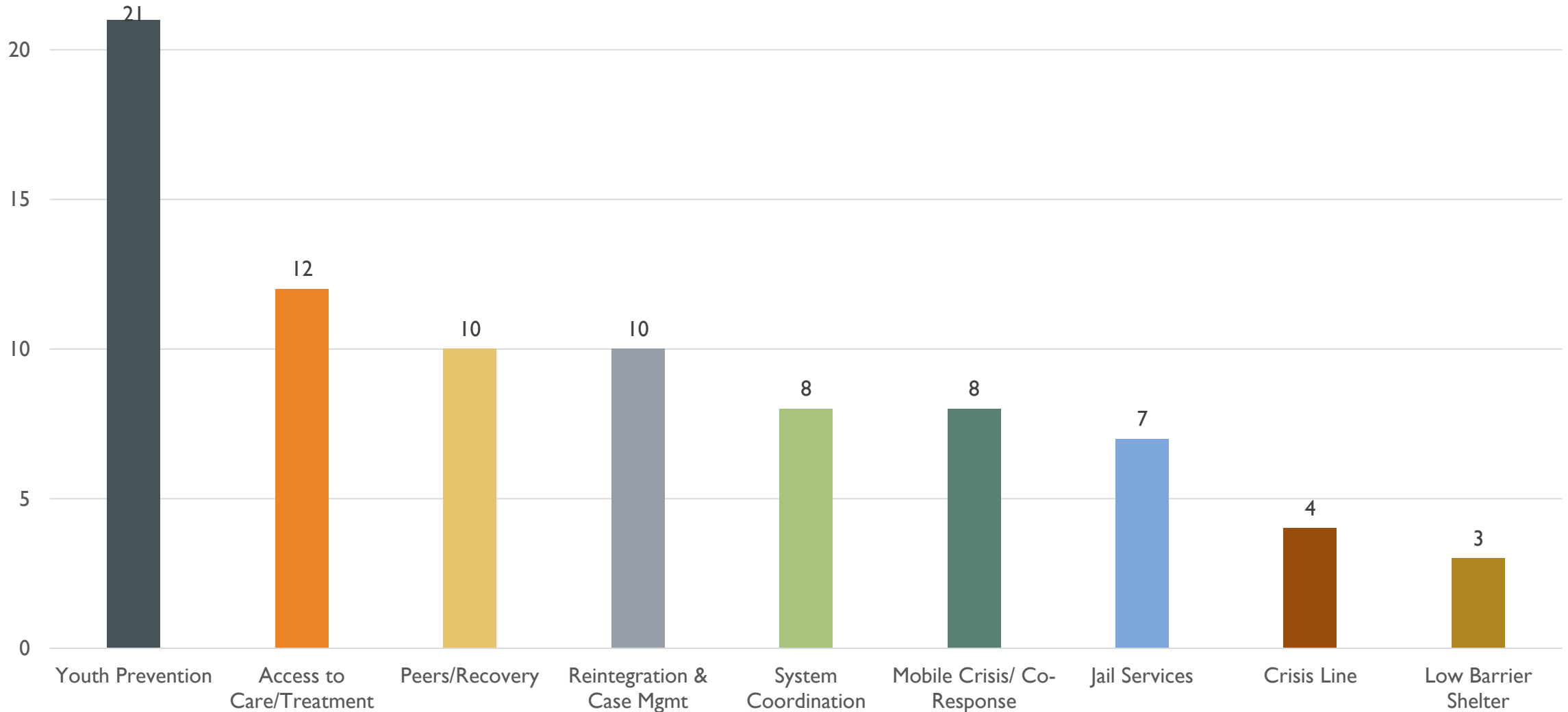


Review of results  
from July SIM  
Mapping meetings

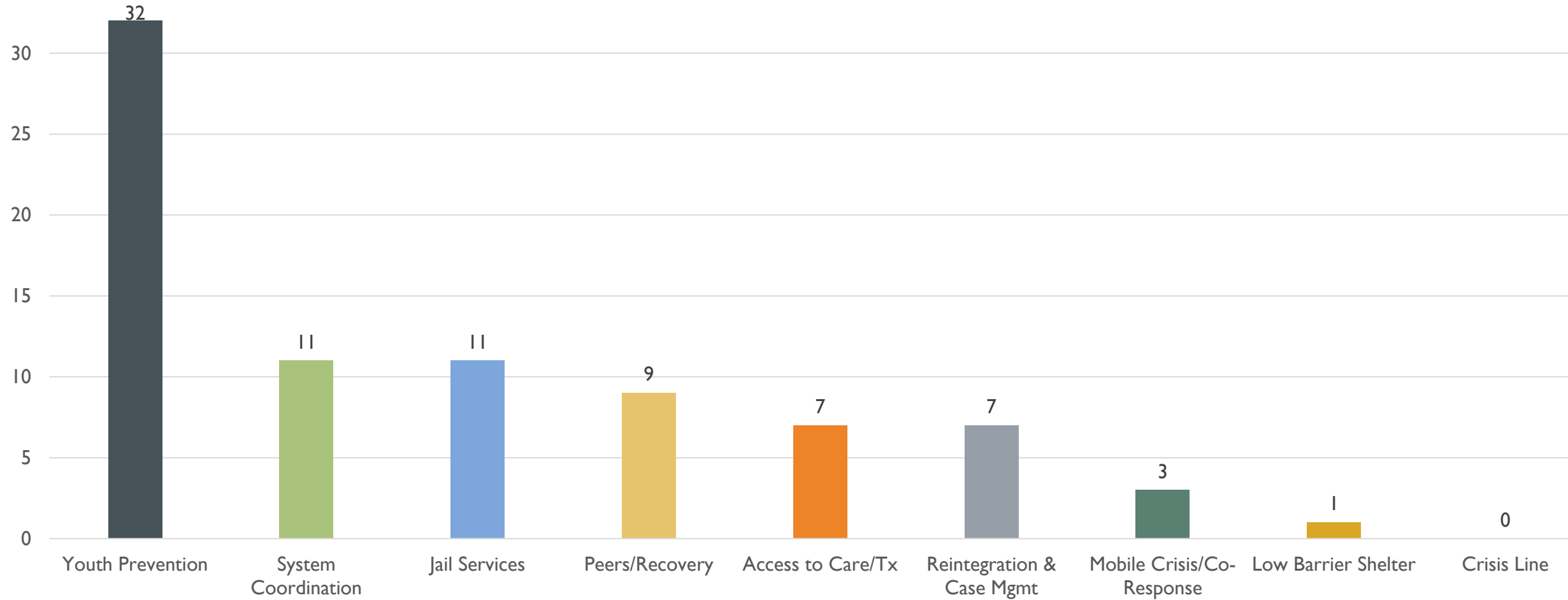
## JULY 16-17

- Heard from individuals with lived experience
- Reviewed local data about substance abuse, mental health, methamphetamine use and violent crime
- Mapped scenarios of individuals with MH and SUD entering and move through the justice and treatment systems
- Inventoried and mapped the behavioral health crisis prevention, response, treatment, diversion and enforcement system at each “Intercept” – where system supported, failed, opps for improvement
- Reviewed evidence-based crisis response models and best practices at each Intercept
- Highlighted system strengths, weaknesses and opportunities
- Identified priority areas for change
- <http://www.unitedwayyellowstone.org/substance-abuse-connect>

# PRIORITIZATION RESULTS – OVERALL PRIORITY

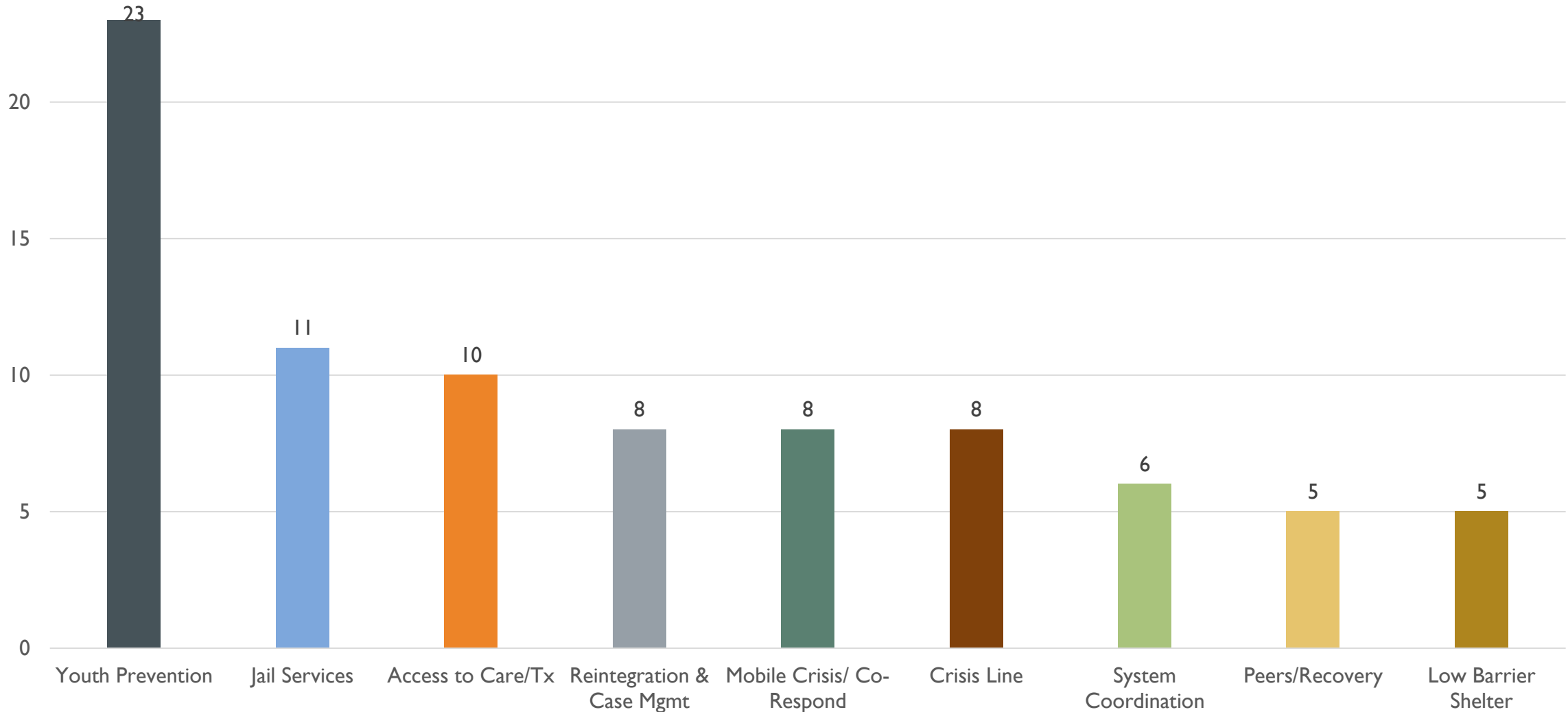


# PRIORITIZATION RESULTS – WOULD WORK ON





# PRIORITIZATION RESULTS – WITH \$500K



# YOUTH PREVENTION

- Establish a Prevention Infrastructure
- Focus on Elementary and Middle Schools – before High School
- In Child Protective Services to support youth/families at high risk
- Support early childhood development education, and
- Trauma informed education and services

## CONSULTANT OBSERVATIONS



**Very clear mandate to work on youth prevention**



**Community exhibits readiness to do more and work together**



**Our “map” of prevention is not complete-need to know more about who is doing what**



**Need an infrastructure to begin working together**

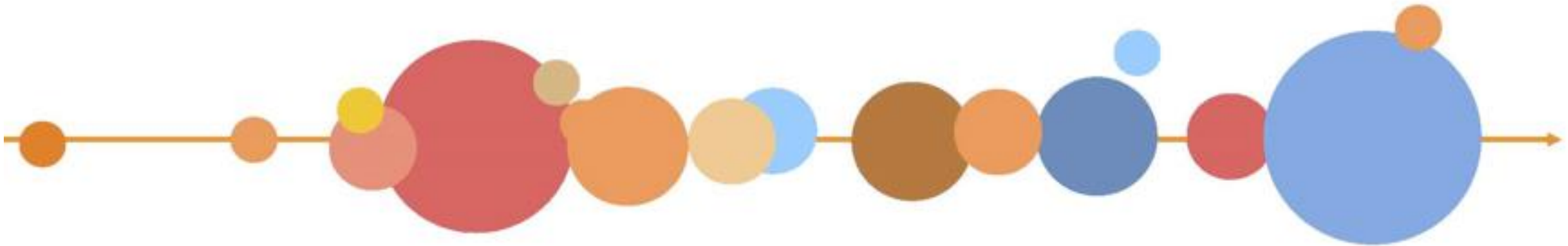
What's our challenge?




**PROGRAM RICH  
SYSTEM POOR**

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## What's our approach?



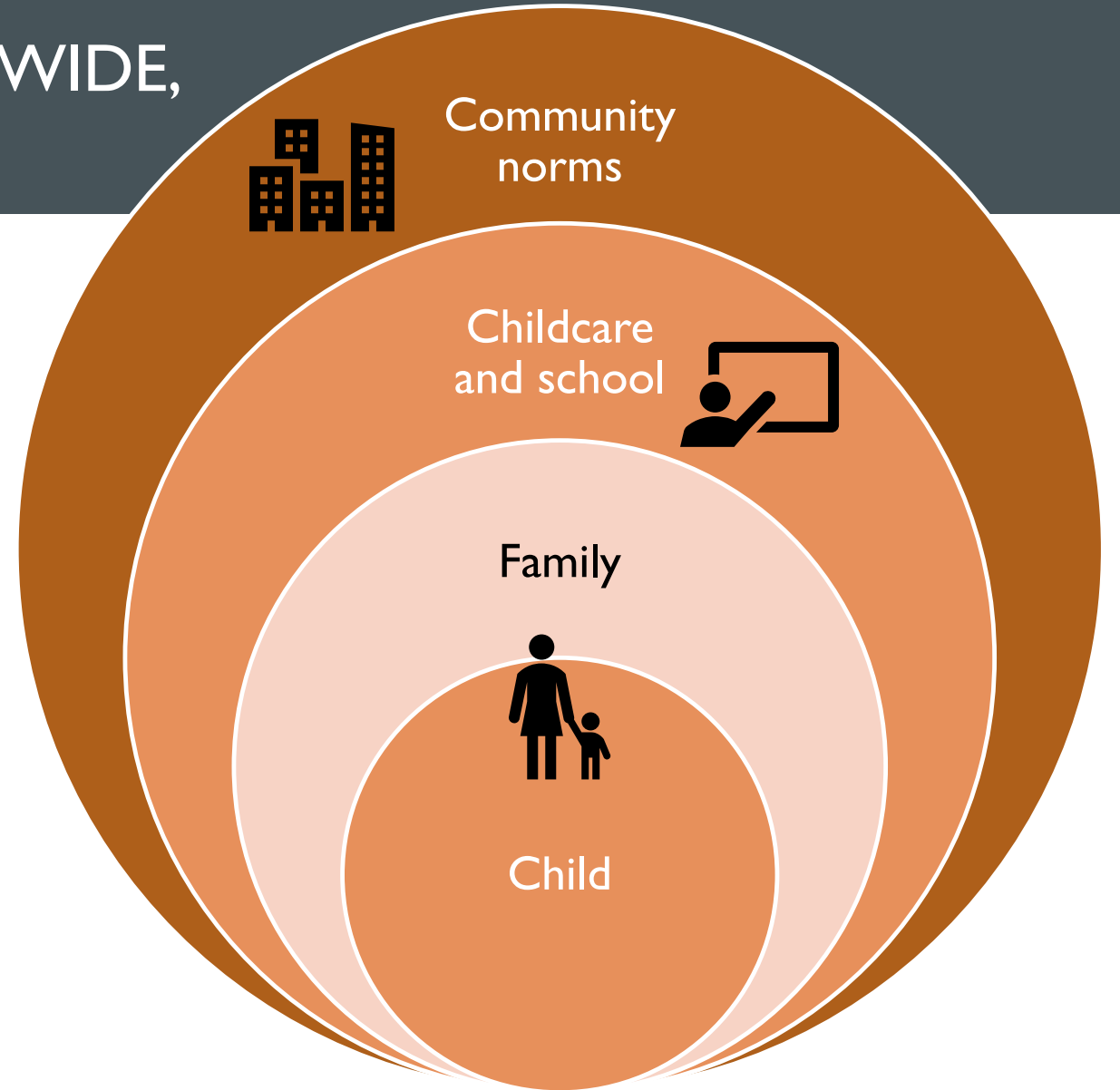
**INCREASED ALIGNMENT  
COMMUNITY CAPACITY  
COLLECTIVE IMPACT**



Complex problems are  
systems problems and  
community problems.  
They require systems  
and community solutions

MULTI SECTORAL, COMMUNITY WIDE,  
ENVIRONMENTAL APPROACH

THE  
PREVENTION  
CHALLENGE



# CONSULTANT RECOMMENDATIONS

Map

Clearly map the prevention work in Yellowstone County

Build on

Build on strengths to develop infrastructure

Utilize

Utilize Substance Use CONNECT to coordinate work





UTILIZE A  
PROVEN  
FRAMEWORK:  
COMMUNITIES  
THAT CARE PLUS

# WHAT IS PREVENTION INFRASTRUCTURE?

Structure that allows your community to systematically:

Collect and use data

Prioritize work based on data collected

Implement well coordinated interventions

Evaluate progress

Continuously communicate



Map current prevention work in Yellowstone County



Outline suggested steps to build a coordinated prevention infrastructure in Yellowstone County



Identify suggested priority areas for action for prevention Yellowstone County

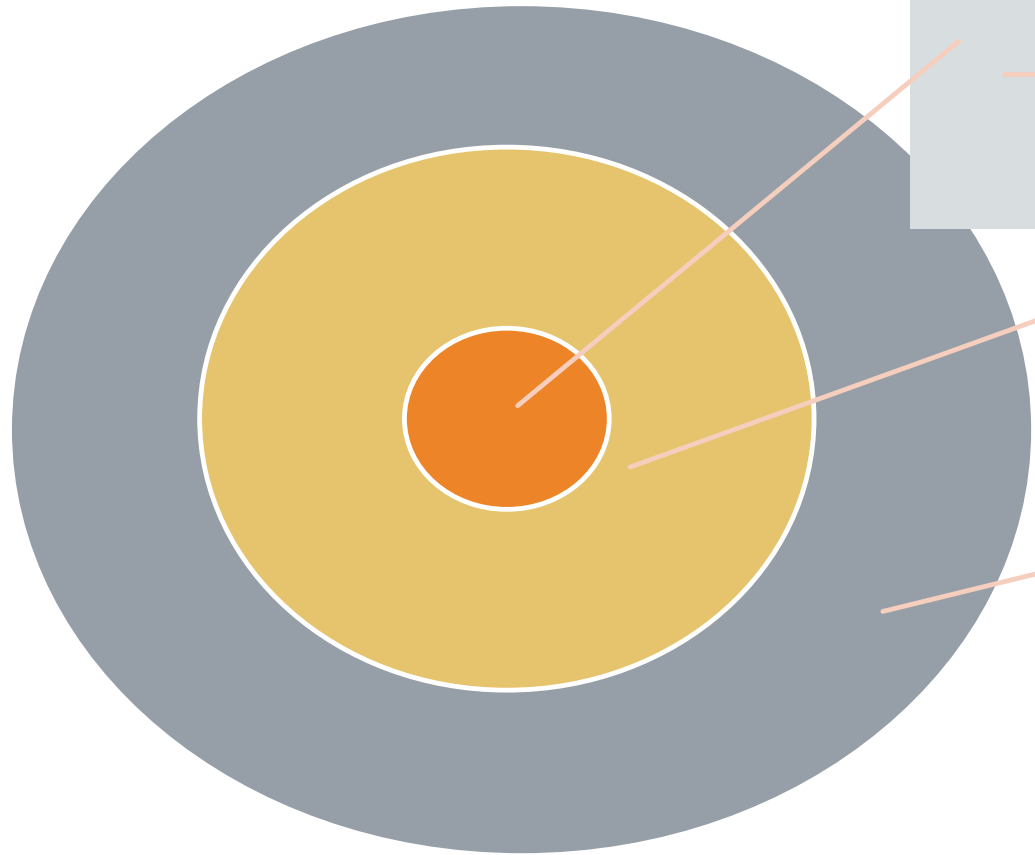
## OUR OBJECTIVES FOR TODAY

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Next steps:  
Youth input  
Executive Committee  
Review

**UNITED WE FIGHT.  
UNITED WE WIN.**

**LIVE UNITED**



**19 Executive Committee**

**38 Steering  
Committee**

**120 Members  
58 Organizations**



## OUR COMMITMENTS TO YOU

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We will not waste your time

---

We will not wordsmith

---

You will have opportunities for meaningful input

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We will be relentlessly committed to creating a plan that is useful, and operational

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## YOUR COMMITMENTS TO THIS PROCESS

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Stay engaged and participate

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Keep focus on behavioral health crisis

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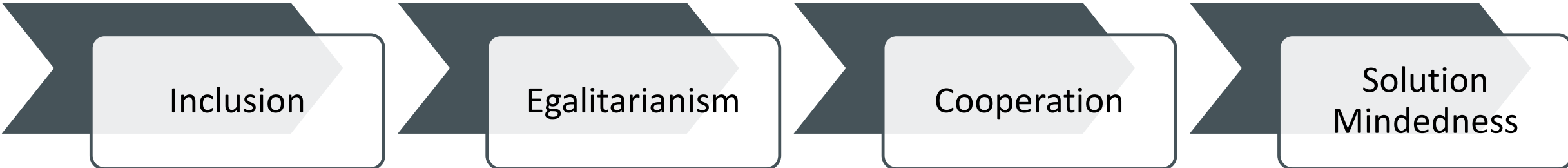
Bring your expertise and organizational perspective

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Follow the 80% Principle

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# PRINCIPLES OF PARTICIPATORY DECISION MAKING



Inclusion

Egalitarianism


Cooperation

Solution  
Mindedness





United Way backbone  
support for prevention +  
upcoming funding  
opportunities



# Prevention mapping exercise

SELECT WHICH PREVENTION INITIATIVE YOU WANT TO LEARN  
MORE ABOUT

Prevention  
Coordinator

RiverStone  
Health

School-based

Youth Justice

Tribal Leaders

DUI  
Taskforce

Early  
Childhood  
Coalition

## WHAT YOU WILL LEARN ABOUT EACH INITIATIVES

Structure

Funding

Key partners

Population of  
focus

Priorities and  
key initiatives

Type of  
prevention




# Gallery Walk



## REFLECT IN A GROUP OF 4

- What are you noticing about the current prevention work in Yellowstone County?
- What words or phrases would you use to describe it?
- What are your initial thoughts on how these initiatives could be strengthened and build upon to work better together?



Deb Halliday: Best  
practices for  
catalyzing  
community change



Lunch





Discussion:  
Building the  
Prevention  
Infrastructure

## DISCUSS AS YOUR TABLES

- What is working well in prevention in Yellowstone County?  
Where are we doing evidence based and data driven work?
- Where are the gaps in funding and capacity?
- How can we work better together and break down silos?
- What kind of backbone support is needed from the United Way to support this work?

Three priority action  
items for building the  
prevention  
infrastructure

Consider Center  
for Substance  
Abuse Prevention  
Strategies  
categories



Identifying  
priority areas to  
start working

## DISCUSS AS YOUR TABLES

- Consider what is happening in Yellowstone County now. Where is the heat?
- Where is there already some capacity?
- In what area could we start working that would make a difference?
- Are there any things we could do to specifically address methamphetamine use prevention?



Next steps and  
call to action



Connecting for impact

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CONSULTING

THANK YOU